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**CONTACT INFORMATION**

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Registered 501c3 with the IRS

*“Love Yourself First”*

## Domestic Violence 5K Run/Walk

September 4, 2019

Dear General Manager/Store Manager:

*In the United States, an average of 20 people experience intimate partner physical violence every minute. This equates to more than 10 million abuse victims annually. 1 in 4 women and 1 in 9 men experience severe intimate partner physical violence, intimate partner contact sexual violence, and/or intimate partner stalking with impacts such as injury, fearfulness, posttraumatic stress disorder, use of victim services, contraction of sexually transmitted diseases, etc. This is commonly considered “domestic violence”.*

At **Speak Out Inc.**, we seek to help in bringing awareness and education to men, women and teens on domestic abuse. While we already have programs such as Purple Sundays which brings awareness to the faith-based community, a speakers bureau is where we give a pretest, education, posttest and provide resources, the restart program which assist victims in various stages such as mentorship, employment, GED, counseling and much more, the play, and a survivorship group meeting; we still have a lot to accomplish.

We need your support to provide in-kind donations for our participants in the upcoming **“Love Yourself First” Domestic Violence 5K Run/Walk** on **Saturday, October 19, 2019**.

Would you consider an in-kind donation in the areas of fruit, water, granola bars, juices, danishes, and/or crackers to help us achieve our mission?

I would be happy to provide you with more information about how your company can help Speak Out Inc. Please contact me at 512-843-5775 or [houstonSpeakout@gmail.com](mailto:houstonSpeakout@gmail.com) if you have any questions.

We greatly appreciate your donation, and it will be used to give nourishment for our participants in the *“Love Yourself First” Domestic Violence 5K Run/Walk*. If you wish to contribute, please fill out the attached form.

Please join us! With your donation, we’re one step closer in having a successful event!

Best Regards,

*Cherlyn Latham*

Cherlyn Latham, MA, BA  
Founder/CEO  
Speak Out Incorporated (SPO)